

Sheet Street Surgery Newsletter

May 2025

Spring Newsletter



How we are helping you

Get U Better is a simple, free app that helps you recover from everyday muscle and joint problems like back pain, neck aches, or sore knees. It gives you clear, trusted advice that's tailored to your symptoms—so you know what to do, when to get help, and how to feel better faster. Built with NHS experts, it's there to guide you every step of the way.

How we are doing

In January to March 2025, we had 11270 available appointments which is an increase of 1450 appointments compared to March to January 2024

In March alone there was 112 patients who did not attend their appointments at the surgery, which costs the NHS approximately £3000. Please remember to cancel your appointment so we can offer these to other patients.



Did you know you get a free NHS health check if you are between the age of 40-74. Please contact the surgery if you would like to book.

Thank You

We appreciate your time in leaving feedback for the surgery and staff. We received this lovely comment in February.

" They are the best…always there for me. The whole team there are wonderful from the moment I put my foot in the door. Brilliant Team."

With summer nearly upon us the hay fever season is in full swing. Asthma and Lung UK have useful information about how to manage your hay fever if you suffer from asthma.

Surgery News

In June, we will be delighted to celebrate our lovely team leader Elizabeth's 25th year at Sheet Street. Elizabeth is known to so many of our patients and has established some great relationships with both our own staff and her multitude of customers at the reception desk.

We were lucky enough to have Elizabeth join us 25 years ago after she left Marks and Spencer's in London where she was a personal assistant. M&S's loss was certainly our gain as she embarked on a long, valued and respected career with the NHS, effortlessly coping with all the quirks and foibles of a GP practice. The surgery would not be the same without Elizabeth's boundless energy, her endless patience and her willingness to help whenever and wherever her skills and talents are required.

When Elizabeth is away from the surgery, she is most often to be found in her immaculately presented garden with her delightful husband, Jim – pruning, trimming, deadheading and tidying to the sort of standards one might expect of the Chelsea Flower Show.

We hope that you will want to join with us all in congratulating Elizabeth on this wonderful anniversary and looking forward to the next milestone in her epic career here at Sheet Street.

Goodbye

We would also like to say a fond farewell to Dr Murphy who will be leaving the Sheet Street Surgery Team at the end of May. We would like to take this opportunity to thank him for all his hard work and for being a wonderful member of the team.

We wish him well for his future and we hope he will come back to visit soon.

Thank you to all those patients who used E-Consults recently. From January to April we received 1762E-Consults meaning we can provide appointments and the most appropriate care for your condition.

In April 2025 100% of patients said their issues was completely resolved or improved 7 days after using the service.

"Very effective and Fast"

"I believe it is a far more effective way of dealing with minor ailments "